

The secret of inviting happiness
through many blessings

The spiritual medicine
for all illness

For today only:

Do not anger

Do not worry

Be grateful

Practice diligently

Be compassionate to
yourself and others

Kyo dake wa

Ikaru na

Shinpai suna

Kansha shite

Gyo o hagemu

Hito ni shinsetsu ni



1/2018



PO Box 554 | St. Albans, VT 05478
vermontreikiassociation.org



2018 ANNUAL CONFERENCE
with Elise Brenner &
Debbie Lyn Toomey

October 27, 2018 - 9 to 5

Capitol Plaza, Montpelier, Vermont



*The Ki to
Happiness*

vermontreikiassociation.org

REGISTRATION FORM

VRA Annual Conference 2018

Name: _____

Address: _____

City/State/Zip: _____

Phone: _____

Email: _____

VRA member? (circle one) YES NO

You may join the VRA to receive the member's rate. Go to our website and click on membership.

CONFERENCE FEES:

Members:

\$80 early registration, \$95 after Sept. 14

Non-members:

\$100 early registration, \$110 after Sept. 14

Registration deadline October 20, 2017

Registration and payment:

Go to www.vermontreikiassociation.org to register. You may pay via credit card or send this completed form with check payable to VRA.

Mail to: Vermont Reiki Association

PO Box 554 , St. Albans, VT 05478

Scholarships:

4 partial working scholarships are available. Contact Gerette Buglion for more information.
EMAIL: gerette@dreamhavenvt.com

PROGRAM

8:30-9	Registration, refreshments, silent auction
9-9:45	Welcome & Connecting to Ki
9:45-10	Break, silent auction, vendors
10-10:45	Keynote 1: Debbie Lyn Toomey
10:45-11:15	Break, silent auction, vendors
11:15-12	Keynote 2: Elise Brenner
12-1	Lunch, silent action, vendors
1-1:45	VRA Business Meeting
1:45-2	Break, silent auction, vendors
2-2:20	PRECEPT breakout
2:25-2:45	PRECEPT breakout
2:50-3:10	PRECEPT breakout
3:15-3:35	PRECEPT breakout
3:40-4:00	PRECEPT breakout
4 - 4:15	Break, silent auction, vendors
4:14 - 5	Closing

CAPITOL PLAZA

Hotel and Conference Center
100 State St, Montpelier, Vermont
(802) 863-6363

 *Hotel discount available*



Debbie Lyn Toomey RN, CIPP, Reiki Master, founder of Ultimate Healing Journey, LLC, trains companies, organizations, and schools on topics of mindfulness and happiness for self-care and success. She published a self-help and researched based book, *The Happiness Result*, that's currently used in Pelham High School, NH, for their course, "Managing the Mind." In 2017, Debbie did a mindfulness study for nurses at Tuft Medical Center under a nurse fellowship award that she was granted.

Elise Brenner, Ph.D., Reiki Practitioner & Teacher, is a strong advocate for Reiki outreach and Reiki wellness equity. Elise provides comprehensive training in all levels of Reiki; offers in-depth mentoring for Reiki professionals; operates a monthly Community Reiki Clinic for the public; and is the Reiki trainer for Boston's Beth Israel Deaconess Medical Center staff and for the Edith Nourse VA Hospital staff. Brenner is founder of Celebration of Reiki, Inc.